## Vipassana Meditation: a Practice and a Path

During the 20th Century, revolutions in physics and biology transformed our vision of the world and of ourselves, creating increased support for and insight into Vipassana meditation.

## **A LECTURE WITH**

Dr. Paul R. Fleischman

Vipassana Meditation Teacher under the guidance of S.N.Goenka

THURSDAY SEPTEMBER 29, 2011
DOORS OPEN @ 6:30PM- LECTURE @ 7PM
UBC - FIRST NATIONS LONGHOUSE
1985 WEST MALL - UNIVERSITY OF BC
VANCOUVER, BC

Dr. Paul R. Fleischman is the author of: Cultivating Inner Peace, Karma and Chaos,

An Ancient Path, and other books.

**FREE ADMISSION** 

He has been honoured by the American Psychiatric Association for his contribution to the study of spirituality and religion in medicine.

He has lectured widely in Europe, Asia and the Americas.

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**Buddhism and Contemporary Society Program** 

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