

Vipassana Meditation

Ancient Wisdom for the 21st Century

Revolutions in physics and biology have transformed our visions of the world and of ourselves, validating the nature of reality through Vipassana meditation.

A lecture with
Paul R. Fleischman, M.D.

Wednesday, September 14, 2011
7:30 PM Doors open at 7

Free of charge

Downtown Seattle
REI Event Room, 222 Yale Avenue N
\$2 parking in REI garage

About Paul R. Fleischman

- He is a Vipassana meditation teacher under the guidance of S.N. Goenka
- Author of *Cultivating Inner Peace, Karma and Chaos, An Ancient Path* and other books
- Has lectured widely in the Americas, Asia, Europe
- Honored by the American Psychiatric Association for his contributions to the study of spirituality and religion in medicine

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