

Vipassana Meditation: a Way of Life Based on the Laws of Nature

During the 20th Century, revolutions in physics and biology transformed our vision of the world and of ourselves, creating increased support for and insight into Vipassana meditation.

A LECTURE WITH

Dr. Paul R. Fleischman

Vipassana Meditation Teacher under the
guidance of S.N.Goenka

**WEDNESDAY SEPTEMBER 21, 2011
DOORS OPEN @ 7PM
BEBAN PARK RECREATION CENTRE
ROOM #3
NANAIMO, BC**

FREE ADMISSION

Dr. Paul R. Fleischman is the author of:

Cultivating Inner Peace, Karma and Chaos, An Ancient Path, and other books.

He has been honoured by the American Psychiatric Association
for his contribution to the study of spirituality and religion in medicine.
He has lectured widely in Europe, Asia and the Americas.

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