



Harmony with Nature and Oneself: an Introduction to Vipassana Meditation

During the 20th century, revolutions in physics and biology transformed our vision of the world and of ourselves, creating increased support for and insight into Vipassana Meditation.

A LECTURE WITH

Dr. Paul R. Fleischman

Vipassana Meditation Teacher under the
guidance of S.N. Goenka

FRIDAY, SEPTEMBER 23, 2011

**DOORS OPEN @ 7PM
COMMUNITY HALL
HORNBY ISLAND**

FREE ADMISSION

Dr. Paul R. Fleischman is the author of:
Cultivating Inner Peace, Karma and Chaos, An Ancient Path, and other books.
He has been honoured by the American Psychiatric Association for
his contribution to the study of spirituality and religion in medicine.
He has lectured widely in Europe, Asia and the Americas.

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