

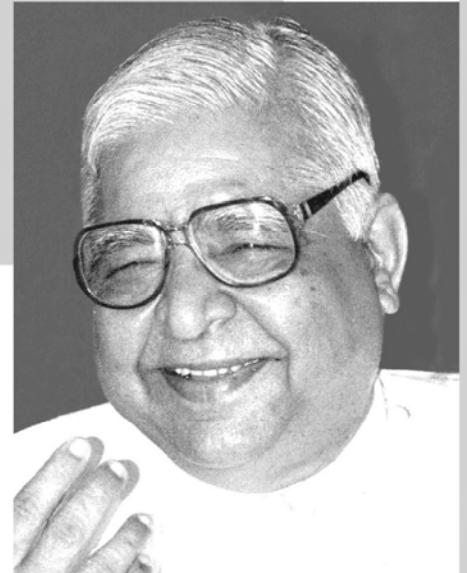
# Meditation Now

## Inner Peace through Inner Wisdom

S. N. Goenka • North American Tour • April-August 2002

**This is a unique opportunity for anyone interested in meditation in its purest and simplest form. If not now, when? If not you, who? Meditation Now.**

Vipassana means "to see things as they really are." This non-sectarian technique of mental training and ethical conduct is the essence of what the Buddha taught. It is a logical process of mental purification through self-observation. Mr. Goenka guides 80 international meditation centers, including seven in North America, and meditation courses using his approach have been held in 90 countries. There is no charge; all courses rely on voluntary donations from past participants.



**S. N. Goenka, the internationally renowned teacher of meditation, is in North America from April to August to teach and speak about the ancient meditation practice of Vipassana, a simple, practical way to achieve real peace of mind. In his 32 years of teaching, this is Mr. Goenka's only extended tour in the West.**

**June 7, 8:00pm**

Flint Center for the Performing Arts  
DeAnza College  
21250 Stevens Creek Blvd., Cupertino

**June 8, 11:00am**

"Spirituality in Business and Management"\*  
Hewlett-Packard, Oak Room  
19447 Pruneridge Avenue, Cupertino  
\*Sponsored by Silicon Valley Indian Professional Association (SIPA)  
Open to non-member professionals

**June 8, 7:00pm**

Berkeley Community Theater  
1930 Allston Way  
Berkeley

**June 9, 11:30am**

(in Hindi language)  
Jain Temple of Northern California  
722 South Main St.  
Milpitas

There are also public talks in Rohnert Park and Fort Bragg.  
For more information, please visit the website below or call (415) 339-8338.

**The public is welcome and there is no charge.**

Sponsored by students of S. N. Goenka,  
supported by the Dhamma Tour Fund.



**For more information, visit [www.MeditationNow.org](http://www.MeditationNow.org) or call (206)524-2978**